



# **APEX**

## **5 WEEK INDUSTRY ORIENTATIONS**



### **APEX Information Overview**

APEX participants spend five weeks experiencing an introduction to major areas of our field. This introduction includes discussing jobsite readiness and expectations, working hands on with common hand and power tools, material identification, layout and construction techniques, including introduction to aerial lifts.

(graduating participants also receive full set of tool bags with essential hand tools, 25' tape measure, 2' level and a framing square)

THIS CAREER READINESS PROGRAM IS WHOLLY FUNDED BY A \$150,000 GRANT THROUGH THE MN DEPARTMENT OF LABOR & INDUSTRY BY A GRANT FROM THE US DEPARTMENT OF LABOR.

**Interior Systems**  
**Framing & Sheetrock**

**Wood Framing**  
**Framing & Bracing**

**Intro to Concrete & Interior Finish & MORE**

**OSHA 10 & First Aid/CPR**

**Hand & Power Tool Orientation**

### **CARPENTERS TRAINING CENTERS**

740 Olive Street  
St. Paul, MN 55130

If you are interested in participating in one of our upcoming APEX groups, please contact:

Chelsea

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